



Bell Schedule

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 - 3:25



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

https://hwss.myweeklyplanner.net

FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



ROCKY POINT ICE CREAM FOOD TRUCK DAY!!

June 12th at lunch - Stop by infront of the school to purchase!



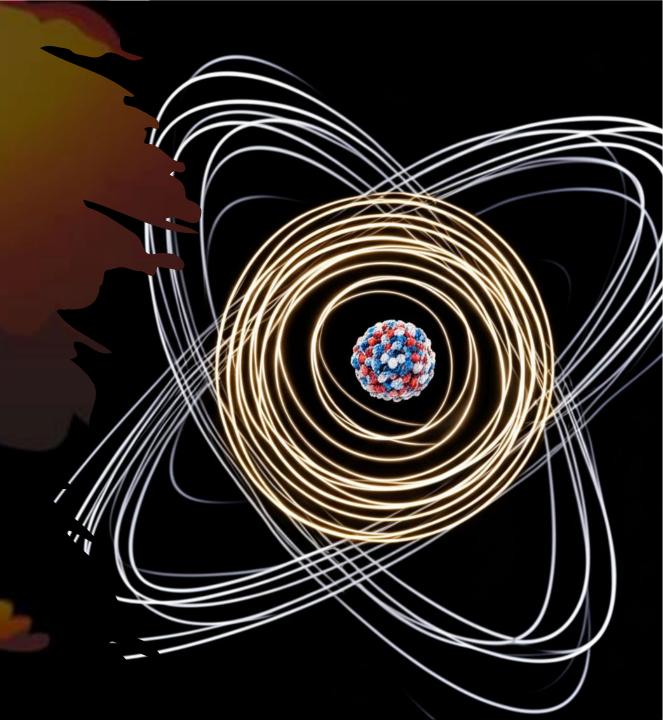
Spring ATOMIC

Writing Contest

Friday, June 6 @ lunch, room 213 \$225 in Prizes!!!

Rules:

- Come to room 213: We give the prompt, you write
- Must be 60 to 100 words, poetry or prose
- Submit by end of lunch





Celebrating Indigenous Brillance





Carey Price is a Canadian professional ice hockey goaltender currently under contract with the Montreal Canadiens of the National Hockey League.

Considered one of the best goaltenders in the world during his career, Price is the winningest goaltender in Canadiens history as of the 2023–24 season, with 361 career wins.

Carey Price, a highly decorated NHL goaltender, is of Indigenous heritage. His mother, Lynda Price, is the chief of the Ulkatcho First Nation. He grew up in Anahim Lake, B.C., where his family has deep roots within the Ulkatcho community. Price is known for his dedication to his Indigenous heritage and for being a positive role model for Indigenous youth.

CLUBS



CREATIVE WRITING CLUB AND KODIAK PRIDE PRESENT



A GUEST SPEAKER SESSION WITH

STACEY CHOMIAK

LGBTQ ILLUSTRATOR AND AUTHOR



PLEASE REACH OUT TO MS. STEWART (SSTEWART@SD43.BC.CA)

IF YOU WISH TO ATTEND

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what is included?

- Turning (Lathe work)
 - o Bowls, baseball bats, pens.
- Furniture making
 - Chairs, tables, shelving.
- Wood carving
- CNC Projects
 - Woodworking projects through software!
- Small crafts.
- Home improvement projects.

 June 26







we NEED your input!

SCAN THE QR CODE



The QR code will lead you to an interest survey. Please let Mr. Ferrante know your interest in the club by completing the form as soon as possible!

KODIAK ATHLETICS



Attending the Athletic Banquet?

Last week to purchase Athletic Banquet tickets. Don't miss out on a fun evening of games, photo booths, dinner and awards

Purchase tickets on SchoolCash online. Sales extended to June 9th





INTERESTED IN JOINING THE HOCKEY TEAM NEXT YEAR?

If you are interested in joining the Heritage Woods Hockey Team next year, please fill out the form

OR

email Mr. Ferrante a.s.a.p.

There will be a Hockey Team meeting Wednesday, June 11th @ lunch in room 219.





VOLUNTEERS NEEDED!

UNIFIED TRACK AND FIELD

Unified Track and Field 2025 Volunteer Sign Up

When? June 11th 2025

Where? HWSS Field

Roles Include:

-Set-up

-Taking students to their station

-Timing Races

-Recording Scores

-Handing out Ribbons

-Clean-up

Scan QR code to sign up!

Email 127-kdeane@sd43.bc.ca if you have any questions

Girls Rugby 7s came 12th in the province!

Shout out to our Graduating Seniors who we wish only the best as they venture into the world after high school where we know they will do great things

Sioa B., Laura M., Ella H., Grace W., Safia N., Abby M., Isabelle Z.

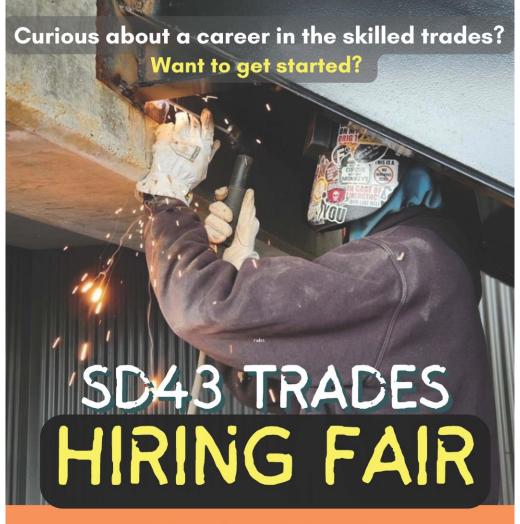
Presidents Select XV Jersey went to Izzy Z. as she was selected as the tournament MVP from our team.

Incredible performance both offensively and defensively from Izzy!



CAREER





Wednesday 5-7PM June 4th, 2025

bring your resume



AT CENTENNIAL **SECONDARY**

570 POIRIER ST. COQUITLAM

43CAREERS.COM CAREERPROGRAMS@SD43.BC.CA





*List of employers attending & which trades are in demand

*Check back - list will be updated regularly



CHAMP Sustainability Mentorship Program

Calling All Future Sustainability Leaders! 💋

Metro Vancouver's CHAMP 2025: High School Action & Mentorship Program is now accepting applications! Open to students entering grades 10 – 12 in September 2025, this program offers an incredible opportunity to build leadership skills, connect with like-minded peers and mentors, and take meaningful climate action in your school and community.

Program highlights include:

- A Four-day camp at Loon Lake Lodge (August 17 20) to kick off the program with team-building, leadership skills, and sustainability learning
- Fall sessions on topics like zero waste, water conservation, and collaborative action.
- Q Hands-on action projects with support from mentors and community leaders
- Perks for participants: volunteer service hours, a certificate of participation, and a reference letter

Apply by May 30, 2025, and be part of the next generation of changemakers! Find out more at metrovancouver.org (search "youth events") and on Instagram myouth4action.



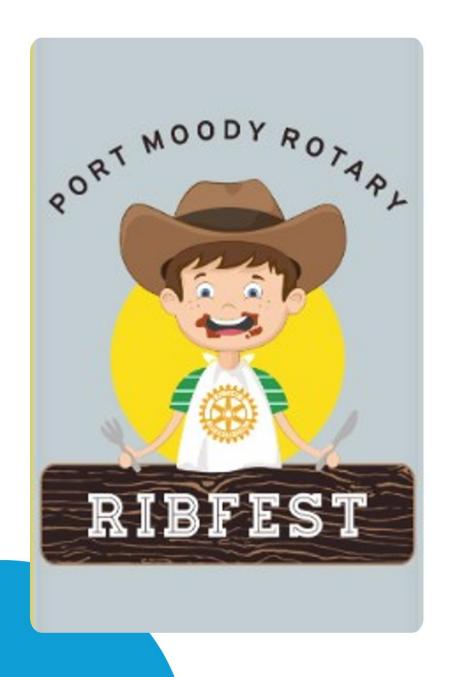
COMMUNITY



PUBLIC SPEAKING CONTEST

- Date/time June 7th, 1pm-6pm
- Location Coquitlam public library
- Great way to improve your public speaking skills, and compete with others!

- Cash prizes, and more for winners
- If interested, please email ravisafaya@ylsbc.org, or visit ylsbc.org for inquires



Rib Fest Volunteers Needed

13 years +

Calling all fun-loving volunteers! The Port Moody Rotary wants you to be part of the excitement at the upcoming RIBFEST! Help them make this community event a smashing success. There's a host of volunteer roles available, from the green team to information technology.

- The Port Moody Ribfest 2025 is scheduled for July 18 to 20 at Rocky Point Park. The event will feature barbecue from seven ribbers, live music, a beer garden, and kids play area.
- https://portmoodyribfest.ca/volunteer/







JOIN US AT OUR FORTH ANNUAL MULTICULTURAL EVENT FILLED WITH FOOD TRUCKS, KIDS ZONE, AND ENTERTAINMENT

WE ARE LOOKING FOR VOLUNTEERS!



AUGUST 9 2025 TOWN CENTRE
PARK
COQUITLAM

FROM 11 AM TO 8 PM

TO BE A VOLUNTEER PLEASE SIGN UP ON OUR WEBSITE OR EMAIL US AT:

WWW.BCDUMPLINGFEST.CA
DUMPLINGVOLUNTEERS@GMAIL.COM





Good items, good price and good quality

- Toys, Clothings, Furnitures, Tools, Sports Items, Books, and Electronics -

Time: 9:00 am - 2:00 PM

Date: June 7th Saturday 2025

Location: Pinetree Rec Centre (1260 Pinetree Way)



The Korean Parents Groups will donate the money from this event to their schools for scholarships

Cash Only - Plenty of Parking - Rain or Shine



Application Deadline: JUNE 8

Join the Fun Team!

GROUP INTERVIEWS

WEDNESDAY, **JULY 2**

THURSDAY, JULY 3

SATURDAY, JULY 5

AVAILABLE ROLES

- Agriculture (15+)
- Bartenders (19+)
- Food & Beverage (15+)
- Games (15+)
- Lotteries (19+)
- Guest Experience (15+)
- Rides (16+)
- Public Safety (15+)
- Parking (15+)Ticketing (15+)
- Grounds Clean-up (15+)
- Facilities Maintenance (15+)



